

Mental Health Parity & Addiction Equity Act Disclosure

The Mental Health Parity and Addiction Equity Act of 2008 generally requires group health plans and insurance issuers to ensure that financial requirements (such as co-pays and deductibles) and treatment limitations (such as annual visit limits) applicable to mental health or substance use disorder benefits are no more restrictive than the predominant requirements or limitations applied to substantially all medical/surgical benefits. For information regarding the criteria for medical necessity determinations made under the Great River Health plan with respect to mental health or substance use disorder benefits, please contact UMR at 1-800-207-3172.