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| **Campus** | **Session 1** | **Session 2** |
| West Burlington | Tuesday, Oct 15 – 7:30a-8:30a  (Blackhawk Room) | Tuesday, Oct 15 – 11:30a-12:30p  (Blackhawk Room) |
| Fort Madison | Wednesday, Oct 16 – 7:30a-8:30a  (Willard) | Wednesday, Oct 16 – 11:30a-12:30p  (Willard) |
| Henry County Health Center | Thursday, Oct 17 – 7:30a-8:30a  (Health Education Center) | Thursday, Oct 17 – 11:30a-12:30p  (Health Education Center) |
| Virtual Session Recording Will Be Available On The Total Rewards Website beginning Monday, October 14th. Reminder this site is public and can be viewed from personal devices or home computers. | | |