



Don't
forget
about
your EAP!

An Employee Assistance Program (EAP) !

Your EAP Includes:

- Unlimited Phone-Based Support (24/7/365)
- In-Person or Telehealth Counseling
- Telephonic Life Coaching
- Telephonic Financial Consultation
- In-Person or Telephonic Legal Consultation
- Identity Theft Restoration Services
- Child/Eldercare Resources
- Online Chat feature
- Mobile App (scan QR code to download!)



Connect to additional resources at efr.org under the **Stay Connected** tab!

Life Happens. We're here to help!

Employee & Family Resources | efr.org | 800-327-4692



EFR EMPLOYEE & FAMILY RESOURCES